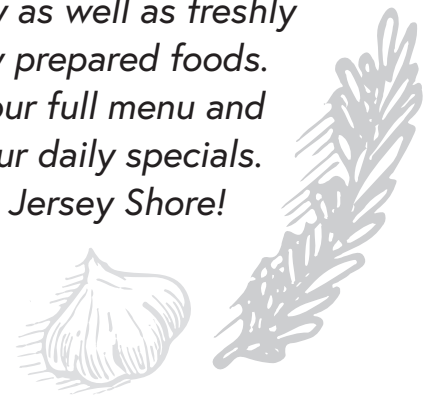


Welcome to the Jersey Tomato

We are proud to offer our community delicious food based on quality ingredients and prepared meals from our family to yours. Enjoy our selections of fresh meats, produce and dairy as well as freshly baked breads and beautifully prepared foods. Please visit our website for our full menu and our social media pages for our daily specials. Happy days and enjoy the Jersey Shore!



Breakfast

- FRESH FRUIT BOWL \$7**
- FRUIT & YOGURT PARFAIT \$7**
- OATMEAL BOWL \$5**
Made with coconut milk
ADD (\$1 Each) Fresh fruit · nuts · dried fruit
- EVERYTHING OATMEAL BOWL \$8**
Fresh fruit, granola, coconut, almonds
- BREAKFAST BOWL \$9**
Three scrambled eggs, diced ham, sausage, potatoes, American cheese
- EGG SANDWICH \$4**
Two fried eggs on a hard roll
ADD (\$1 Each) Cheese · pork roll · bacon · sausage ham · tomato · onion · peppers · potatoes

Deli Specialty Sandwiches

- THE ITALIAN \$14**
Soppressata, mortadella, prosciutto cotto, sharp provolone, arugula, tomato, red onion, house vinaigrette
- THE PARMA \$16**
Prosciutto di Parma, fresh mozzarella, tomato, red onion, EVOO
- FRESH ROASTED TURKEY \$14**
Arugula, tomato, red onion, pepper jack cheese, roasted tomato aioli
- FRESH ROAST BEEF \$14**
Arugula, tomato, red onion, cheddar cheese, Bama white BBQ sauce
- GRILLED VEGETABLE \$12**
Eggplant, roasted red peppers, fresh mozzarella, pesto, EVOO, balsamic glaze
- DOUBLE CHEESEBURGER \$10**
Two special blend patties, lettuce, tomato, red onion, American cheese
- PHILLY SPECIAL \$14**
Hot roast pork, broccoli rabe, sharp provolone
- THE DIP \$14**
Hot roast beef, sharp provolone, roasted long hot peppers, topped with au jus
- JT CHEESESTEAK \$14**
Shaved ribeye, sautéed peppers & onions, American cheese

Don't see what you want? Create your own!

Prepared Food

(served by the pound)

- CHICKEN CUTLETS** (breaded & fried)
- EGGPLANT CUTLETS** (breaded & fried)
- HOUSE-MADE MEATBALLS**
- WHOLE ROTISSERIE CHICKEN**
- SAUTÉED BROCCOLI RABE**
- CAPRESE SALAD**
- ROASTED RED PEPPERS** (EVOO, basil & garlic)
- ITALIAN PASTA SALAD**
- CHOPPED ANTIPASTO**
- ROASTED LONG HOT PEPPERS**
- POTATO SALAD, MACARONI SALAD, COLESLAW**
(a variety of specialty salads prepared daily)

From Our Market

- DAIRY**
milk, eggs, assorted cheeses, butter
- FRESH MEATS**
London broil, ground beef, NY strip, ribeye, chicken on the bone, chicken breast, pork chops, pork ribs, Italian sausage
- FRESH PRODUCE**
(subject to change based on availability)
Romaine, arugula, spring mix, tomatoes, onions, potatoes, peppers, mushrooms, asparagus, broccoli, cauliflower, eggplant, zucchini. Bananas, apples, oranges, melons, berries, pineapples
- GROCERY ITEMS**
Full line of pastas, oils, vinegars, Italian canned tomatoes
- BAKED GOODS**
Freshly baked breads, pastries, cookies

Please call ahead for your in-house/curbside pickup.

Appetizers ---

	Half Tray	Full Tray
MEATBALLS <i>Served in marinara sauce with shaved Parmesan</i>	\$30	\$60
SWEET ITALIAN SAUSAGE <i>Served with broccoli rabe, garlic & olive oil</i>	\$40	\$70
EGGPLANT ROLLATINI <i>With ricotta & mozzarella topped with marinara sauce</i>	\$40	\$70
MUSSELS <i>Fra Diavolo or with marinara sauce</i>	\$48	\$90
ZUPPA DI CLAMS <i>Sautéed with garlic, olive oil, herbs & white wine</i>	\$52	\$100
FRIED CALAMARI <i>Served with marinara sauce</i>	\$50	\$100
SEARED CRAB CAKE <i>Served with pesto aioli</i>	\$60	\$120
CHICKEN WINGS <i>Tossed with cherry pepper glaze</i>	\$24	\$40

Meat Platters ---

	12" Tray	16" Tray
ITALIAN MEAT & CHEESE TRAY	\$60	\$75
DELI MEAT & CHEESE TRAY	\$45	\$60

Salads ---

	Half Tray	Full Tray
HOUSE SALAD	\$25	\$50
CAESAR SALAD		
WEDGE SALAD		
ZORBA SALAD		
CAPRESE SALAD		
ARUGULA SALAD		
*ADD SHRIMP	+\$15	+\$25
*ADD CHICKEN	+\$10	+\$20

Cold Sandwiches ---

	12" Tray	16" Tray
THE ITALIAN <i>Soppressata, mortadella, prosciutto cotto, sharp provolone, arugula, tomato, red onion, house vinaigrette</i>	\$45	\$60
THE PARMA <i>Prosciutto di parma, fresh mozzarella. Tomato, red onion, EVOO</i>		
FRESH ROASTED TURKEY <i>Arugula, tomato, red onion, pepper jack cheese, roasted tomato aioli</i>		
FRESH ROAST BEEF <i>Arugula, tomato, red onion, cheddar cheese, Alabama white bbq sauce</i>		
GRILLED VEGETABLE <i>Eggplant, roasted red peppers, fresh mozzarella, pesto, EVOO, balsamic glaze</i>		

Entrees ---

	Half Tray	Full Tray
<i>(all served with roasted vegetables)</i>		
CHICKEN PARMESAN	\$50	\$100
CHICKEN MILANESE <i>Breaded & fried, served with arugula salad with tomato, red onion, shaved Parmesan in a house vinaigrette</i>	\$50	\$100
CHICKEN CACCIATORE ON THE BONE	\$50	\$100
ROTISSERIE CHICKEN	\$40	\$80
CHICKEN FRANCAISE <i>White wine, lemon & butter</i>	\$50	\$100
CHICKEN SALTIMBOCCA <i>Prosciutto, provolone, mushrooms in a Marsala wine sauce</i>	\$60	\$120
VEAL SORRENTINO <i>Eggplant & fresh mozzarella in a plum tomato sauce</i>	\$70	\$140
VEAL MARSALA <i>Mushroom & Marsala wine sauce</i>	\$70	\$140
VEAL ROLLATINI <i>Stuffed with sautéed broccoli rabe & sweet Italian sausage</i>	\$70	\$140
ROAST LOIN OF PORK <i>Garlic & herb reduction</i>	\$60	\$120
NY STRIP STEAK <i>Grilled & sliced with sautéed onions & long hot peppers</i>	\$90	\$180
EGGPLANT PARMESAN	\$40	\$80
CHICKEN FINGERS & FRENCH FRIES	\$25	\$40

Pasta ---

	Half Tray	Full Tray
PENNE VODKA <i>Plum tomato sauce, cream, onion, prosciutto</i>	\$45	\$90
RIGATONI BOLOGNESE <i>Plum tomato sauce, ground beef, carrots, celery, onion</i>	\$45	\$90
LINGUINI & CLAMS <i>Red or white sauce</i>	\$50	\$100
PENNE PUTTANESCA <i>Plum tomato sauce, olives, capers</i>	\$40	\$80
PASTA NONNA <i>Plum tomato sauce, eggplant & fresh mozzarella</i>	\$40	\$80
PENNE AMATRICIANA <i>Plum tomato sauce, onion, pancetta</i>	\$45	\$90



Take Out & Catering Menu



2304 RT 35 N • LAVALLETTE, NJ 08735

732-865-9090

OPEN 8AM - 7PM (7 DAYS A WEEK!)